

Las Vegas Power Clean Championships 2013



Saturday, April 6th, 2013
Las Vegas High School Gymnasium



2013 Power Clean



<http://lvhsfootball.com>

Meet Schedule

Weigh Ins: 7:00-8:30 am

Rules Meeting: 8:45 am

Lifting Begins: 9:00 am

- ◆ **Cost: \$15 Per Lifter**
- ◆ **11 Lifting Classes**
- ◆ **2 Lifting Platforms**
- ◆ **Each lifter receives Power Clean Shirt**
- ◆ **Results will be posted on lvhsfootball.com**

All Entries are due at Las Vegas High School by 12:00 pm on Friday, March 29th

Lifter Awards: The top three finishers in each weight class will receive medals. Outstanding lifter will be awarded for each platform

Team Awards: The three highest finishing teams will win trophies

Event Sponsored by:

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